



## ***Dr. Andrea Purcell's DIY Non-toxic Hand Sanitizer***

Thanks to Dr. Purcell for sharing this effective alternative to keep our hands and surfaces clean!

This is easy to make and better than exposing yourself to toxic chemicals in the commercially made versions. You will be killing >95% bacteria, viruses and fungus with these at home options.

Essential oils that work well include: Tea tree, cinnamon, lemon, orange, lavender, lemon grass, and rosemary. You can use whatever oils you like best and swap out the oils in my recipes.”

### **Liquid Sanitizer**

2 oz. spray bottle  
2 tablespoons alcohol > 60%  
10 drops lemon essential oil  
10 drops orange essential oil  
1 teaspoon vegetable glycerin

Fill rest of bottle with distilled water  
Shake well and ready to use

### **Gel Sanitizer**

2 oz. squeeze bottle  
Fill 1/3 of bottle with vodka OR Alcohol >60%  
15 drops tea tree essential oil  
15 drops lavender essential oil

Fill rest of bottle with Aloe Vera gel (this should be commercially made Aloe Vera 96-99% pure used for body not edible)  
Shake well and use